

Making Ash

By far the easiest option is to purchase it! However if you're feeling brave/like you need something different to do please follow the instructions below. Once you have ash you can either use it with us as part of our Ash Wednesday service or have your own reflective time at home. (Please see separate document).



1. Find last years Palm Cross, a lighter/matches and a bowl your happy to burn things into! If you don't have a palm cross you can burn some paper
2. I recommend doing this outside unless you enjoy the smell of smoke in your house! (I was not outside – do as I say not as I do!)



3. This photo uses a lighter, I found it burnt better using a match. I would also recommend unfolding it from the cross shape before burning.



4. Some websites recommend pushing your ash through a sieve to make it fine. You could use a pestle and mortar – I just used my fingers (as you can see)!



5. Mix your ash with a little oil (I used too much, I think approx ½ tsp per 1 palm cross should be enough) . I mixed it in the lid of an old jam jar and then put the jar on top to keep it safe until ash Wednesday.

